

Vegan & Vegetarian

Menu

Appetizers

FALAFEL BITES | V, GF, DF, SF

garbanzo bean, onion, cilantro, parsley, cumin, garbanzo flour, tahini, garlic, lemon, parsley, olive oil

BEET POKE CUPS | V, DF

beet, soy sauce, rice vinegar, sesame oil, scallion, nori, sesame seed, lime, ginger, wonton cup

GARLIC SOY TOFU BITES | V, GF, DF

tofu, corn starch, garlic, soy sauce, agave syrup, sriracha, scallion

VEGAN CRAB CAKES | V, GF, DF

heart of palm, soy sauce, dijon, parsley, scallion, nori, old bay, panko, vegan mayo, ketchup, cayenne pepper, paprika, garlic, onion, lemon

PAKORAS | V, GF, DF, SF

chickpea flour, rice flour, green pepper, mint, ginger, garlic, carrot, cabbage, onion, scallion, curry, turmeric

TEMPEH LETTUCE CUPS | V, GF, DF

tempeh, onion, garlic, soy sauce, gochujang, rice vinegar, ginger, bell pepper, lettuce, pickled red onion, cilantro, sesame seed



Salad

GRILLED ROMAINE SALAD | V, GF, DF
romaine, cucumber, red onion, basil, cilantro, vegan mayo, basil, chive, champagne vinegar

LEMON KALE SALAD | V, GF, DF, SF, N
kale, arugula, hazelnuts, lemon oil, chervil

WILD RICE AND VEGETABLES SALAD | V, GF, DF, SF
wild rice, seasonal vegetable, garlic, thyme, pepita, tahini, lemon, agave

Entree

ZAATAR ROASTED EGGPLANT WITH LABNEH | V, GF, DF, SF
eggplant, zaatar seasoning, vegetable oil, labneh, pomegranate seed, mint

NANBAHN TOFU | V, GF, DF
tofu, soy sauce, rice vinegar, garlic chive, scallion, garlic, shallot, fresno pepper, jalapeno pepper

ROASTED CAULIFLOWER STEAK | V, GF, DF, SF
cauliflower, paprika, harissa pepper, tomato, basil, oregano, thyme

MUSHROOMS AND SPINACH LASAGNA | V, DF
mushroom, spinach, onion, garlic, oregano, thyme, rosemary, tofu, yeast, red pepper flake, soy milk, tomato, lasagna sheets, vegan mozzarella

FINE RATATOUILLE | V, GF, DF
eggplant, zucchini, squash, tomato, onion, garlic, basil, parsley, oregano

STUFFED SEASONAL VEGETABLES | V, GF, DF, SF
squash, tomato, chili pepper, onion, mushroom, garlic, yeast, basil, parsley, quinoa, greens



Sides

ROASTED BEETS WITH CHILI CRISP | V, GF, DF, SF
beet, lime, thyme, thai basil, cilantro, lemon grass, chili crisp garlic, red pepper flake, sesame oil, rice vinegar

IMAM BAYILDI | V, GF, DF, SF
eggplant, bell pepper, onion, garlic, tomato, parsley, olive oil

HERBED RED BLISS POTATO | V, GF, DF, SF
potato, garlic, rosemary, thyme, herb oil

ROASTED CARROTS AND ONIONS | V, GF, DF, SF
carrot, red onion, parsley, lemon juice, olive oil

GREEN BEANS ALMONDINE | V, GF, DF, SF, N
green bean, shallot, garlic, lemon, almond

CAULIFLOWER TABOULEH | V, GF, DF, SF
cauliflower, bulgur wheat, tomato, onion, olive, parsley, lemon, scallion, olive oil

DESSERT

TIRAMISU CHIA PUDDING | V, GF, DF, SF
chia seed, coconut yogurt, espresso, soy milk, maple syrup, chocolate powder, chocolate

VEGAN LEMON TART | V, GF, DF, SF
gluten free flour, vegan butter, sugar, coconut milk, lemon, starch, turmeric